

Professional Referral List, Updated by Spiritual Care, October 2023

NOTE: Grace does not know each provider's availability or insurances accepted. Please call the provider for any information needed.

NAME	SPECIALTY	TOWN	WEBSITE	CONTACT INFO
FAITH-BASED RESOURCES BELOW				
Wellsprings Counseling Center	Multiple counselors covering many specialties	Northern NJ NYC, NY NOTE: ONLINE ONLY in Washingtonville	www.wellsprings.org/counseling	201.956.6363
Gloria L. Ginski, LMF	Marriage & Family Issues	65 Main Street Suite 100 Warwick, NY		845.432.4295
Ruthie Cecchetelli LMHC, CASAC	Multiple Specialties	Cornwall, NY	none	845.728.4520
Aly Paino MA, MHC-LP Nourish Your Mind	Children, Adolescents, Young Adults, Adults, Trauma and other specialties	Middletown, NY	https://nourishyourmind.com/	570.483.8673
Daphne Dent-Black Clinical Social Work/Therapist, DSW, LMSW	Multiple Specialties	Wallkill, NY		475.889.7935
Tree of Life Denise Stewart	Multiple Specialties	Montgomery, NY	treeoflifecounselingny.com	845.549.3175
At the Crossroads Louise Nielsen Sarah Fred (great w teens) Zoe Nicholson Danna L. Chen Christopher Kotcha	Multiple counselors covering many specialties	621 Route 52 Beacon, NY	www.atthecrossroads.net	845.857.4811

Minisink Psychology & Psychotherapy Suzannah Espinosa, PhD (and others counselors)	CBT, DBT, Adolescents, Men's Issues, multiple specialties.	55 Main Street, Suite 6 Goshen, NY	www.copingtothriving.com	845.624.2994
David Rosenfeld CSW	A variety of areas, especially men	305 Main Street Goshen, NY 10924		845.251.3308
Psychotherapy & Mediation Joanne Washington	All areas	103 Executive Boulevard New Windsor, NY Suite 503, 3 rd Floor	www.psychotherapyandmediation.com	855.662.2225 (Office) 914.906.8919 (Cell)
Mike Pagana Marriage and Family Counselor, Life Coach	Sexual Addiction/partner betrayal Men's Issues Other Specialties	Washingtonville, NY		845.239.1551 mapagana@gmail.com
Kristen Jones Professional Relationship Coach	Marriage Issues Relationship Issues	Middletown, NY	www.kristenjonescoaching.com	
SECULAR RESOURCES				
Catherine Kelly Marquet Marriage & Family Therapist, DC, LMFT	Many Specialties Especially Grief	Goshen, NY	https://www.catherinekellydclmft.com	845.987.4393

Dr. Mack Bartels	Child and family psychologist and behavior therapist. Works with children, parents and children, and parent support group.	Harriman, NY	https://www.wmackbartelspsyd.com/	845.395.0066
John G Kuna & Assoc	All Issues	Matamoras, PA	https://drjohngkuna.com/	570.491.5359
BAVOY Mental Health Counseling Michael Soto	Men's Issues Marriage	Middletown, NY	BAVOYcounseling@gmail.com	845.843.6400
Options Counseling Services Peter Geller, LCSW-R, Director	All Issues Men's Issues Addictions	1607 ROUTE 300 Suite 101 Newburgh, NY	www.optionscounselingservices.com	845.567.6027
Tracy Garay, LCSW	Anxiety, Depression, Life Transitions	28 Carpenter Place, Monroe NY		(917) 751-6968
ONLINE RESOURCES				
<ol style="list-style-type: none"> 1. www.betterhelp.com (you can request a Christian Counselor during the Intake process) 2. www.counselinghoboken.com (faith-based) 3. www.faithfulcounseling.com (faith-based) 4. www.redeemercounseling.com (faith-based) 5. www.growththerapy.com (secular) 				
OTHER RESOURCES				
Hugh McKenzie, PNP Psychiatric Nurse Practitioner, PNP (Christian)		225 S Plank Rd Ste 2 Newburgh, NY 12550	https://www.healthcare4ppl.com/physician/new-york/newburgh/hugh-mckenzie-1033354014.html	845.704.1262