

Discussion Guide

Lesson 2: Identity

BEFORE THE MEETING

- Pray! Pray that God would use you and guide you.
 - Gather at least 4-5 items that demonstrate your identity (used in the “Identity Illustration”).
 - Read over your coachee’s responses to get a sense of their understanding of the lesson.
 - Look over the list of identities in the “Digging Deeper” section and bring a printed version for your coachee.
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LESSON DISCUSSION

- **ASK:** What are some of the ways our identity changes when we choose to follow Jesus?
 - Our debt (the penalty for our sin) is paid so we can have a relationship with God.
 - We are always completely accepted by God.
 - Our identity has shifted from orphans and slaves to adopted children of God.
 - **ASK:** Which of these (or others we didn’t mention) stand out the most to you? Which impact you the most? Why those?
 - **SHARE** two identities that mean a lot to you (feel free to reference the more in-depth list provided in the “Digging Deeper” section) that you printed for your coachee.
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IDENTITY ILLUSTRATION

- **BRING** 4-5 items that demonstrate your identity
 - Driver’s license, credit card, work ID badge, sports equipment you use, family pictures, tool or other work-related item, or something from your past.

Discussion Guide

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- **SHARE** about how these identify reveal parts of your identity.
 - Your license shows your photo and what state you live in, your work tells a little about what kind of things you're good at, your credit card might represent your credit score or finances, your family represents the relationships you prioritize, etc.
- **ASK:** How can my identity change in each of these areas?
 - My appearance changes as I age, changing jobs, have more kids or kids leave home, finances change, etc.
- **ASK:** Do you think it's possible certain things can influence my identity more than other things? What do you think might contribute to which ones influence me more?
 - Certain identities influence us more ("I work at this job, but it's just to pay the bills." "My family is the most important thing in my life." "My finances are a mess; I'll never be successful.").
 - Our families, history, past experiences, etc., all influence which things we closely associate our identity with.
- **BOTTOM LINE:**
 - Our identity can change.
 - Certain things can define us more or less than other things.

APPLICATION

- **ASK:** Do you think this new identity we have from Jesus can change how we think, feel, and act? Why or how?
- **SHARE** how your identity in Christ has changed how you live: things you do or don't do, think or don't think, feel or don't feel because of your identity in Christ.
- **ASK:** How do you think we can get better at living out the new identity Jesus has given us?
 - We start by learning about it. It is revealed in scripture (preaching/teaching, reading God's Word, etc.).
 - We need to choose to believe it. Value what God says more than what I think or feel.
 - We must be reminded about it consistently.

OUR IDENTITY IN CHRIST	
John 1:12	I am a child of God (Romans 8:16).
John 15:1,5	I am a part of the true vine, a channel (branch) of His Life.
John 15:15	I am Christ's friend.
John 15:16	I am chosen and appointed by Christ to bear His fruit.
Acts 1:8	I am a personal witness of Christ for Christ.
Romans 3:24	I have been justified and redeemed.
Romans 5:1	I have been completely forgiven and made righteous and am at peace with God.
Romans 6:1-6	I died with Christ and died to the power of sin's rule in my life.
Romans 6:7	I have been freed from sin's power over me.
Romans 6:18	I am a slave of righteousness.
Romans 6:22	I am enslaved to God.
Romans 8:1	I am forever free from condemnation.
Romans 8:14,15	I am a son of God (God is literally my "Papa") (Galatians 3:26; 4:6).
Romans 8:17	I am an heir of God and fellow heir with Christ.
Romans 11:16	I am holy.
Romans 15:7	Christ has accepted me.
1 Corinthians 1:2	I have been sanctified.
1 Corinthians 1:30	I have been placed in Christ by God's doing; Christ is now my wisdom, righteousness, sanctification and redemption from God.
1 Corinthians 2:12	I have received the Spirit of God into my life that I might know the things freely given to me by God
1 Corinthians 2:16	I have been given the mind of Christ.
1 Corinthians 3:16; 6:19	I am a temple (home) of God; His Spirit (His life) dwells in me.
1 Corinthians 6:17	I am joined to the Lord and am one spirit with Him.
1 Corinthians 6:19,20	I have been bought with a price; I am not my own; I belong to God.
1 Corinthians 12:27	I am a member of Christ's body (Ephesians 5:30).
2 Corinthians 1:21	I have been established in Christ and anointed by God.
2 Corinthians 2:14	He always leads me in His triumph in Christ.
2 Corinthians 5:14,15	Since I have died, I no longer live for myself, but for Christ.
2 Corinthians 5:17	I am a new creation.
2 Corinthians 5:18,19	I am reconciled to God and am a minister of reconciliation.
2 Corinthians 5:21	I am the righteousness of God in Christ.
Galatians 2:4	I have liberty in Christ Jesus.
Galatians 2:20	I have been crucified with Christ, and it is no longer I who live, but Christ lives in me. The life I am now living is Christ's life.
Galatians 3:26,28	I am a child of God and one in Christ.
Galatians 4:6,7	I am a child of God and an heir through God.
Ephesians 1:1	I am a saint (1 Corinthians 1:2; Philippians 1:1; Colossians 1:2).
Ephesians 1:3	I am blessed with every spiritual blessing.
Ephesians 1:4	I was chosen in Christ before the foundation of the world to be holy and without blame before Him.

Ephesians 1:5	I have been adopted as God's Child.
Ephesians 1:7,8	I have been redeemed and forgiven and am a recipient of His lavish grace.
Ephesians 2:5	I have been made alive together with Christ.
Ephesians 2:6	I have been raised up and seated with Christ in heaven.
Ephesians 2:10	I am God's workmanship, created in Christ to do His work that He planned beforehand that I should do.
Ephesians 2:13	I have been brought near to God.
Ephesians 2:18	I have direct access to God through the Spirit.
Ephesians 2:19	I am a fellow citizen with the saints and a member of God's household.
Ephesians 3:6	I am a fellow heir, a fellow member of the body, and a fellow partaker of the promise in Christ Jesus.
Ephesians 3:12	I may approach God with boldness and confidence.
Ephesians 4:24	I am righteous and holy.
Philippians 3:20	I am a citizen of heaven.
Philippians 4:7	His peace guards my heart and my mind.
Philippians 4:19	God will supply all my needs.
Colossians 1:13	I have been delivered from the domain of darkness and transferred to the kingdom of Christ.
Colossians 1:14	I have been redeemed and forgiven of all my sins. The debt against me has been canceled (Colossians 2:13,14).
Colossians 1:27	Christ Himself is in me.
Colossians 2:7	I have been firmly rooted in Christ and am now being built up and established in Him.
Colossians 2:10	I have been made complete in Christ.
Colossians 2:12,13	I have been buried, raised, and made alive with Christ, and totally forgiven.
Colossians 3:1	I have been raised with Christ.
Colossians 3:3	I have died, and my life is now hidden with Christ in God.
Colossians 3:4	Christ is now my life.
Colossians 3:12	I am chosen of God, holy and dearly loved (1 Thessalonians 1:4).
1 Thessalonians 5:5	I am a child of light and not of darkness.
2 Timothy 1:7	I have been given a spirit of power, love, and discipline.
2 Timothy 1:9	I have been saved and called (set apart) according to God's purpose and grace (Titus 3:5).
Hebrews 2:11	Because I am sanctified and am one with Christ, He is not ashamed to call me His.
Hebrews 3:1	I am a holy partaker of a heavenly calling.
Hebrews 3:14	I am a partaker of Christ.
Hebrews 4:16	I may come boldly before the throne of God to receive mercy and find grace to help in time of need
1 Peter 2:5	I am one of God's living stones and am being built up as a spiritual house
1 Peter 2:9,10	I am a part of a chosen race, a royal priesthood, a holy nation, a people of God's own possession.
1 Peter 2:11	I am an alien and stranger to this world that I temporarily live in.
1 Peter 5:8	I am an enemy of the devil. He is my adversary.
2 Peter 1:4	I have been given God's precious and magnificent promises by which I am a partaker of the divine nature.
1 John 3:1	God has bestowed a great love on me and called me His child.
1 John 4:15	God is in me and I am in God.